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## REASONS COUPLES GROW APART

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MANY COUPLES DIVORCE BECAUSE

*"We Just Grew Apart."*

IT CAN HAPPEN TO ANY OF US IF WE'RE NOT CAREFUL.

HERE ARE THREE COMMON REASONS FOR GROWING APART  
AND WHAT TO DO ABOUT THEM:

### BOREDOM:

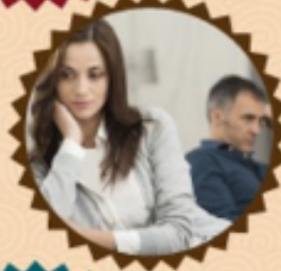
Marriage turns into a dull routine of repetitive arguments and boring habit.



Change is up to you. Make your marriage more interesting. Do fun, interesting things together. And make sure your intimate life is fresh and alive.

### SEPARATE LIVES:

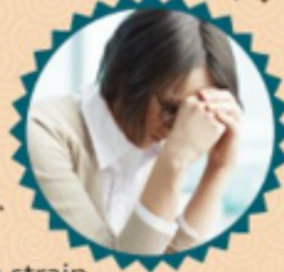
Busy with jobs, raising kids, friends, rarely meeting in the middle to share their experiences and lives together.



Set aside regular time to check in and be interested. Share your joyful moments and your discouraging ones. Spend quality and quantity time together.

### STRESSORS:

Life is full of challenges, some big and some small. A new baby, a sickness, unemployment – all put a strain on the marriage and create short fuses. Spouses may have different coping skills.



Recognize the added stress in your life, cut your spouse some slack and work together to tackle the situation.

TAKE ACTION NOW TO MAKE SURE YOUR MARRIAGE DOESN'T GROW APART.