

# 8 Signs You're Creating a Meaningful Life

By Sara Debbie Gutfreund

*Taste the joy of living with purpose.*

1. You wake up with a sense of purpose, enthusiastic about your goals for the day.
2. You are grateful. You are thankful not only for the gift of the unexpected but also for the blessing of an 'ordinary' day.
3. You connect to God. You speak to God daily, asking Him for what you need. You turn to Him when you are scared and praise Him for the beauty and joy in your life.
4. You view yourself as a soul. You take care of your body but you live as a soul. You recognize that your career and other external labels are important parts of your life but they don't define who you are.
5. You learn something new and meaningful. You are curious and ask quality questions to reach deeper answers.
6. You listen. You find yourself speaking less and listening more. You are slower to interrupt and quicker to admit when you don't know the answer.
7. You simplify. You don't need more material things to make you happy. You take pleasure in what you have.
8. You dream big. Your goals are set high and you conquer your fears, knowing that God can make even the most distant dreams come true.