FIVE THINGS NOT TO COMPROMISE WHILE DATING BY SARA DEBBIE GUTFREUND



AUTHENTICITY 🗢 ----

It's a red flag if you're changing your personality for someone else. You shouldn't have to suppress your sense of your humor or your creativity to please someone else. Your partner needs to respect and love you for who you are. Stay true to your authentic self. After all, you ultimately can't pretend to be someone you're not.

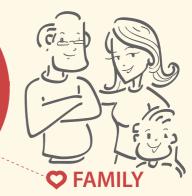


Some of your friends may not click with the person you're dating, but that doesn't mean you should give up those friendships. Real friends are forever. Nurture them throughout dating and marriage. STAYING TRUE TO YOURSELF WHILE DATING.



CORE BELIEFS

Never give up on the spiritual values that give your life meaning and purpose. Your faith and your religious observance form the foundation of the kind of home you build and how you navigate life's challenges. Don't compromise on them.



Your family is irreplaceable. They anchor you to the past and serve as foundations for your future. A new relationship may change some family dynamics, but your connection to your parents and siblings should always be treasured.

RESPONSIBILITY 🗘

Don't rely on someone else to fix your emotional challenges or keep you fit. You are responsible for your own happiness and health.

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