Washing Hands Before Bread

Pour water over both hands and say:

בְּרוּךְ אַתְּה יהוּה Bâruch Atâ Adonoy,

Eloheinu Melech hâ'olâm,

אַלֹהְינוּ מֶלֶךְ הָעוֹלֶם,

asher kidishânu bi'mitzvo'tâv,

יוֹצְוְּנוּ עַל נְטִילֵת יָדֵיִם.

vi'tzivânu al netilat yâdâyim.

Blessed are You, God, our Lord, King of the universe, Who has sanctified us with His commandments, and commanded us regarding washing the hands.

The hands are dried. Be careful not to speak until the bread is eaten.

